

## Putha Hiunchuli Expedition - 34 Days

Putha Hiunchuli expedition is a great opportunity to practice for 8000m climbing seeker climber. Mt Putha, is also known as Putha Hiunchuli (Dhaulagiri VII) is one of the most beautiful and easiest 7000m peaks in Nepal. It is located in remote and wild Dolpo region of North Western Nepal. It is the western most peak of Dhaulagiri range and it was firstly climbed by a legendary explorer and climber Jimmy Roberts in 1954.

Putha Hiunchuli Expedition begins with flight from Kathmandu to Nepalgunj, in western Nepal. From Nepalgunj we fly north to Juphal, and trek to Dunai where we meet our crews. Over the next week we follow Barbung River and trek towards the east, gradually gaining elevation. We will camping along the way, and our crews sets the camp and prepare meals. Eventually we pass through Tarakot, Lasicap, Musi Khola, and to Kakot village. From Kakot we switch to west crossing Bhabrung Khola and we establish base camp at 4900m. We will establish three camps and summit the Putha Hiunchuli and get bck to Juphal.

## PRICE INCLUDES

- Arrival & Departure: Airport - Hotel transfer – Airport (Pick Up and Drop).
- Hotel Accommodation in Kathmandu: 4 night's hotel (3-star category) in Kathmandu on BB plan sharing basis (Twin Bed Room).
- Hotel in Nepalgunj: 1 night hotel (3- star category) in Nepalgunj on full board plan.
- Welcome Dinner: One Welcome Dinner in tourist standard restaurant in Kathmandu with Office's Staffs.
- Permit: Expedition Royalty and permit of Nepal Government to climb Mt. Putha Hiunchuli, Restriction area permit, conservation area entry permits & fee.
- Liaison Officer: 1 Government Liaison officer with full equipment, salary and accommodation.
- Garbage Management: Garbage Deposit fees.
- Insurance: Medical & Emergency rescue Insurance for all involved Nepalese staffs during the trek and expedition.
- Trekking and Expedition map.
- Expedition Stuffs Transportation: Necessary all equipment Transportation for all Members and Staffs from Kathmandu to Dunai (by jeep) and to Base camp (by Porters / donkey) – While returning: Base camp to Juphal (by porters / donkey) and to Kathmandu (by Jeep).
- Member Luggage: Up to 60 Kg per member for personal baggage during the trek carrying by porter or Yak.
- Food and Lodging: 3 meals a day (BLD; including tea and coffee) along with accessible accommodation at Hotel/Lodge/Tea house/Camp during the trek and Basecamp. Well-managed base camp set up for member & Staffs.
- Porter: Porters per member up to Base camp from Juphal & Porters return from Base camp to Juphal.
- All Necessary equipment for Camping during the trek.
- Base Camp Staff: Experienced and well-trained Base Camp Cook & kitchen Helpers as required.
- Staff Salary and allowance: All Nepalese staffs & porter's daily wages, equipment, food & clothing.
- Base Camp Tent: Each member will have individual Yak Mountain or Breathless tent in Base Camp.
- Base Camp equipment: At Base camp: foam mattresses and pillow per member, 1 Dining Tent, 1 Kitchen Tent, 1 Communication tent, 1 Toilet & 1 Shower Tent, 1 Staffs Tent, 1 Tent for Nepalese base camp staffs, Store tents, Tables & chairs & all necessary cooking gears.
- Heater: Heater for base camp in each Dining and other necessary camp.
- Solar/Generator/Light: 1 Solar panel or Generator for battery charge and light at base camp for use.
- High Altitude Climbing Sherpa: 1 veteran and Government Licensed Sherpa per member. (1 Member:1 Sherpa).
- Climbing Sherpa Salary & Allowance: Climbing Sherpa Salary, Equipment, Food and Clothes.
- Oxygen Bottle (O2): Oxygen bottles will be in stock at base camp in case of an emergency (with appropriate charge).
- Oxygen Mask & Regulator: Sets of Summit Oxygen mask & regulator will be in base camp in case of an emergency.
- High camp service: High Altitude Tent, Necessary cooking EPI gas, cooking pot for member, High food for member, Sherpa, all climbing staffs in (C1) (C2) and (C3). Group climbing gears, fixed and dynamic rope during the climbing period as required.
- Rope Fixing: Experienced team of Sherpa will fix the rope to the summit.
- Satellite Phone for emergency communication carrying by Sherpa, also available for members with appropriate

charge.

- Walkie-Talkie: Walkie –Talkie for communicating from Base Camp to Mountain and Mountain to Base Camp.
- Permit: Satellite Phone / Walkie-talkie permit for all members and staffs.
- Weather Forecast: Weather forecast report during the entire expedition.
- Comprehensive Medical kit.
- Certificate: Putha Hiuchuli climbing certificate issued by MoCTCA (after climbing Putha Hiuchuli successfully).

## PRICE EXCLUDES

- International flight airfare
- Nepal entry Visa fee
- Lunch & Dinner: Lunch & dinner in during the stay in Kathmandu
- Travel and high-altitude insurance & Rescue Evacuation (Rescue, Repatriation, Helicopter, Medication, Medical Tests and Hospitalization costs).
- Personal Expenses: Telephone Calls, Internet, Toiletries, battery recharge, hot shower, laundry, soft drinks, beers and any Alcoholic beverages (during the trek and in Kathmandu but we will soft drinks for members at base camp).
- Personal Equipment: Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking /Climbing Gears.
- Toiletries: Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
- Filming: Special Filming, Camera and Drone permit fee.
- Internet Service: Not included during the trek.
- Summit Bonus: Summit bonus for climbing Sherpa- Minimum 900 USD.
- Tips: Calculate some tips for Basecamp staffs.
- Any other item not listed in “Cost Includes” section.

## ITINERARY IN DETAIL

### Day 1: Arrival in Kathmandu

On arrival at Kathmandu International Airport you are met by a Himalayan Companion representative will arrange the transfer to the hotel.

### Day 2: Preparation day in Kathmandu

Preparation day in Kathmandu

### Day 3: Fly to Juphal (2502m), and trek to Dunai (2128m) 3 hours

We have an early morning transfer to the airport for the 35 minute flight to Juphal over the Himalayan foothills, with views of Annapurna and Dhaulagiri peaks to the north. Arriving in Juphal (2494m) we meet with our trek crew. While the loads are being distributed we set off trekking, beginning with a mostly downhill leg as we descend for approximately 1 hour first through the village below the airstrip and then through terraced fields to the Bheri River. Following this river we pass through a narrow gorge and after a total of 2-3 hours trekking we reach the small township of Dunai (2128m), the administrative headquarters of the Dolpo region.

### Day 4: Dunai to Tarakot (2560m) 6-7 hours

Today's trek follows the Bheri and Barbung rivers and passes through a tremendous gorge clothed with pine trees. Our destination today is Tarakot (2850m), an ancient fortress town surrounded by colourful terraced fields.

### Day 5: Tarakot to Musi Khola (2895m) 6 hours

We now follow the Barbung Khola upstream for about 3 to 4 hours we reach our lunch stop next the settlement of Lasicap, a small farming community perched on the side of the valley. This is the main river crossing for the Dolpo circuit. After lunch we turn off the main trekking route and continue to follow the Barbung Khola on its southern bank before reaching our overnight camp in a pasture area (kharka) near the Musi Khola.

### Day 6: Musi Khola to Kakot Gaon (3285m) 5-6 hours

After crossing the side Musi Khola Side River we continue our journey through Lower Dolpo. Crossing back to the northern bank on a classic Nepali suspension bridge we continue our journey. The trekking today is undulating as we negotiate several river spurs. After an hour or so of trekking the narrow valley begins to open revealing views of the mountains of the Dhaulagiri Range. We pass through Kakot Village and carry on a little way beyond to the monastery where we make our camp at 3285 metres.

### Day 7: Acclimatization day in Kakot

### Day 8: Trek from Kakot to Panji (4480m)

Leaving Kakot village we cross the Barbung Khola and climb up through rough track and reach at Panji.

### Day 9: Acclimatization day in Panji

Acclimatization day in Panji.

**Day 10: Acclimatization day in Panji**

Acclimatization day in Panji

**Day 11: Move to Putha Hiunchuli(Dhaulagiri VII) Base Camp (4,950m)**

We move to Putha Hiunchuli base camp(4950m).

**Day 12: Climb Dhaulagiri VII (7,246m)**

**Day 13: Climbing period**

**Day 14: Climbing period**

**Day 15: Climbing period**

**Day 16: Climbing period**

**Day 17: Climbing period**

**Day 18: Climbing period**

**Day 19: Climbing period**

**Day 20: Climbing period**

**Day 21: Climbing period**

**Day 22: Climbing period**

**Day 23: Climbing period**

**Day 24: Climbing period**

**Day 25: Climbing period**

**Day 26: Climbing period**

**Day 27: Climbing period**

**Day 28: Back to Base Camp**

**Day 29: Base Camp to Kakot**

**Day 30: Kakot to Musi Khola**

**Day 31: Musi Khola to Tarakot**

**Day 32: Tarakot to Dunai**

**Day 33: Dunai to Juphal**

**Day 34: Fly back to home**