

PO Box No.: 2721

Samakhusi-29, Kathmandu, Nepal Contact No.: +977-9851133894 Email: jag@himalayancompanion.com www.himalayancompanion.com

Everest Base Camp via Gokyo Lake - 19 Days

Everest base camp with Gokyo Lake trek is one of the most popular treks in the Khumbu region of the Himalayas. The Khumbu region is also, the area is known as the sacred sanctuary of Buddhists. Khumbu, part of Sagarmatha (Mt. Everest) National Park in eastern Nepal and a UNESCO World Heritage site, is home to the Sherpa people. This trek offers a great delve into the Sherpa culture and Buddhist monuments Monasteries, spinning prayer wheels, the traditional lifestyle of the Sherpa people, and the harmony that constitutes the Sagarmatha National Park Nepal. Everest base camp and Gokyo Lakes trek is one of the most beautiful treks on earth. As one of the world's classic treks, Everest base camp Gokyo Lake Trek Nepal offers picturesque scenery from beginning to end as well as close-up views of Mount Everest. The trek can be done in two ways clockwise and anticlockwise.



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PRICE INCLUDES

- All (international and domestic) airport transfers on a tourist vehicle.
- Twin-sharing/double accommodation in a 3-star hotel for 3 nights in Kathmandu including breakfast (Private room accommodation can be organized at an extra cost).
- Twin-sharing guesthouse accommodation during the trek in the Everest Region with attached toilets in Lukla,
 Phakding & Namche.
- All your standard meals during the trek (Breakfast, Lunch, and Dinner) including one hot drink and seasonal fruits.
- Experienced, first-aid trained, government-licensed, English-speaking trekking guide.
 Permits for Sagarmatha/Everest National Park and TIMS (Trekkers' Information Management System).
- Porters during the trek for carrying luggage (1 porter for every 2 clients).
- ° Wages, accommodation, meals, gear, insurance, and medications for all staff.
- Round-trip airfare between Kathmandu/Manthali and Lukla

PRICE EXCLUDES

- Meals (lunch and dinner) in Kathmandu.
 International flight fare and airport departure tax
- Any beverages including bottled and boiled water
 Travel insurance along with high-altitude emergency evacuation coverage.
- Tips to trekking staff and drivers.
- Nepal Entry Visa (Visa can be acquired easily after you arrived at Tribhuvan International Airport in Kathmandu with a fee of USD 50 for 30 30-day visa and USD 125 for 90 days visa).
- Personal Trekking gear and equipment.
- Any expenses other than the Price Include section.