

## Bon Sanctuary Trek - 35 Days

Dolpo is land of Bon, it is locating on the remote and rugged corner of West-Nepal has retained ancient bon culture and tradition still preserved. Dolpo Bon Sanctuary Trek is one of the great experience trek for those who are very keen to know about the Bon religion, how it has intimate connection with Bayul hidden sangrila Dolpo. During this trek you will have an opportunity to visit some very old and some recent Bon monasteries. The entire trip include ten big monasteries which is core focus of this journey and in addition many other old buddhist monasteries with amazing and breath taking hidden landscape, Khas culture, Bhotiya(Dolpopa) culture and wild animals. The major Bon Gonpas that we explore and visit in this trek are; Samling monastery in Vijer, Yungdrung Shugtsal in Barlie, Phuntsokling in Dho Tarap, Yangon Thongroling in Chharka, Thasung Tsoling in Rigmo, Thekchen Rabdiling in Pugmo, Tsallung Sidgyalgon in Karelíkanda, Monri Zursum in Khaliban, Yungdrung Dodulling in Kaigaon and Dolpo Yungdrung Bon Tsokling in Dunai.

Bon Santuary trek, starts from Juphal and all the way to Dunai, Tichurong, Barbung & Chharka to Dho Tarap then to Saldng to Bhijer, and to Shey Gompa, Phoksundo, Pugmo, Kag valley (Kaaigaon & Hurikot) and ends to Juphal.

## PRICE INCLUDES

- Airport pickup and drop.
- 3 Nights Hotel Accommodations in Kathmandu.
- One-night hotel accommodation and dinner in Nepalgunj.
- Domestic airfare: Kathmandu-Nepalgunj-Dolpo & Dolpo- Nepalgunj and Kathmandu.
- All the government procedure.
- Lower and Upper Dolpo trekking permits and National Park fees.
- One experienced English speaking guide, Cook, Helpers and Porters/Mules.
- Trekking equipment -Mattresses, Member tents, and Kitchen utensils.
- Three-time meals during a trek along with Tea/coffee and snacks.
- Staff's salary, food, insurance, and clothing.
- Farewell dinner in Kathmandu.

## PRICE EXCLUDES

- International flights and visa fee.
- Personal expenses and meals in Kathmandu.
- Travel insurance, Rescue, and evacuation.
- Tips and gratitude for staffs.
- Donation and local entrance fee.
- Extra baggage load in domestic flights.